MATERNAL-FETAL MEDICINE ASSOCIATES OF MARYLAND
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Patient:_____

MORNING	Fasting Blood Sugar	Insulin before breakfast		Blood sugar 1 hr after breakfast	Insulin before lunch	
DATE		R (units)	N (units)		R (units)	N (units)

AFTERNOON	Fasting Blood Sugar	Insulin before dinner		Blood sugar 1 hr after dinner	Blood Sugar At Bedtime
DATE		R (units)	N (units)		